



January 3, 2021 through January 2, 2022

Preliminary Plan December 2020

Why a year dedicated to the Eucharist?

- The Eucharist is the Source and Summit of the Catholic Faith
- A 2019 Pew Research Center article stated that only 1/3 of Catholics believe in the Real Presence <https://www.pewresearch.org/fact-tank/2019/08/05/transubstantiation-eucharist-u-s-catholics/>
- We have numerous people who don't attend Mass every week.
- We are installing a new high altar at St. Joseph.
- One of the ways that we succeed is having a "Strong Devotional Life." All devotion flows from the Eucharist and leads to it.
- Being deprived of the Eucharist during the Coronavirus has been gut-wrenching.
- Coincides with the five Sundays (July-August) when the Gospel is the Bread of Life Discourse (John 6). This only occurs every three years

Goals of the Year of the Eucharist

- **Gratitude** – We are grateful to God for the gift of the Eucharist
- **Intentionality** – We are more focused in our attention to the Eucharist
- **Reverence** – We live in awe of the Eucharist which is shown in our behaviors
- **Witness**- The Eucharist is our strength and motivation to be witnesses to the Gospel

Concrete Actions

1. Monthly Theme and Connect groups

- Each Month will have a different theme centered on the Liturgical season or feast day and related to the Eucharist

January – Real Presence	May – Parts of the Mass II	September – Mass is a Sacrifice
February – Incense, Candles, etc	June – Adoration	October – Sacred Music
March – St. Joseph & Eucharist	July – Eucharistic Miracles	November – Heavenly Liturgy
April – Parts of the Mass I	August – Receiving Holy Communion	December - Undecided

- A video will be published every week discussing an aspect of our monthly theme. They'll be published on YouTube, Facebook, and the Website.
- Fr. Sean and Grace will come up with the schedule. Fr. Sean, Fr. Jedidiah, and Alex will be teaching on the videos.
- These videos will be used for the Eucharistic formation of our culture groups

- January 7th there will be a meeting for all those who were part of the three conversations. We strongly encourage everyone to come in person, but it will also be livestreamed. A notebook will be distributed for their reflections and thoughts.
- We will invite them to start a monthly group of their own and coach them how to do it.
- Connect groups will be simple, asking three questions: 1. What struck you in the videos this month. 2. What is God doing in your life? 3. How have you gotten to share your faith?
- Some staff members will be leading groups open for the public to sign up. We encourage non-staff members to invite people in their life to be part of a group.

2. Formation for Extraordinary Ministers of Holy Communion (EMHC)

- There have been some issues in distribution of Holy Communion which stems from a lack of formation.
- We will have a formation night for EMHC's.
- The goal is to give an understanding of the Real Presence in each and every particle and treating the Lord in an appropriate way.
- We will also begin asking distributors to utilize ablution cups to purify their fingertips.
- Fr. Jedidiah and Denise Sheipline will organize this evening.
- Hopefully this will occur in January.

3. Family Friendly Adoration

- Parishioners have sought an opportunity to bring their children to Adoration. Current space limitations have hindered the opportunity for more than two people in the chapel.
- On certain days, we will move Adoration from the Adoration Chapel to the Church. This will occur weekly, Tuesday at St. Joseph and Thursday at Immaculate Conception.
- Also this will allow many people to gather in Adoration and socially distance.
- This will be conducive for someone to drop by to visit the Lord in the Blessed Sacrament or bring their children for 20 minutes.
- Adoration in the Church will begin after morning Mass and wrap up sometime between 8pm and 9pm, depending on when Father or Deacon can be present to repose the Blessed Sacrament in the Chapel.
- Family Friendly Adoration begins February 1, 2021.

4. Holy cards and Prayers after Holy Communion

- We will have a number of patrons for the year of the Eucharist.
- A holy card with each one's picture will be distributed to all parishioners.
- On the back of the card will be a prayer that could be prayed after receiving Holy Communion.
- Children (and adults) can collect all the Holy cards.
- Possible saints are Bl. Carlo Acutis, St. Peter Julian Eymard, St. Clare, St. Tarcisius
- Beth Klopfenstein will be coordinating this.

5. Eucharistic Processions

- There are three Eucharistic Processions already planned. Two in January coinciding with the March for Life. Corpus Christi Sunday at St. Joseph in June.
- We will plan on having a Eucharistic Procession in September at St. Lawrence to pray for a bountiful harvest. Lori will find a time to schedule this procession.
- We will find a time for a procession or outdoor gathering at St. John as well.

6. Teaching Mass

- We will have two to wrap up the Altaration Series for the High School Youth. At Immaculate Conception December 30th in the church. At St. Joseph and live-streamed on January 6th.
- We will discern another teaching Mass in the future

7. Make the *Visitor's Guide to Mass* available

- This will be relatively simple. It has already been written and is awaiting printing.
- We will need to inform parishioners and guests about its presence.
- Grace Weatherhead has worked on the final draft.
- We need to set a date.

8. Youth initiatives

- Angie Soules is already working on this. There will be regular nights of Adoration for High schoolers.
- The parents' meeting for First Holy Communion will include formation for the parents.

Ideas in Discernment

1. Formation classes/programs

- These would be in addition to the Connect groups. They'd be more catechetical rather than combining fellowship and catechesis.
- Possibly have a series in Lent and one in the fall
- Possible programs: "Altaration" by Ascension Press, "Presence" by Augustine Institute, "The Mass" by Word on Fire, "The Eucharist in Scripture" by the St. Paul Center

2. Monthly Coffee and Doughnuts after Sunday morning Mass

- This can't occur until covid restrictions lift
- We could have nametags available for people to wear so that we could learn each other's names.
- A member of Pastoral Council could be present to speak with parishioners, if they desire.
- Is there someone or multiple people at each parish that could lead this?

3. Relaunch and train ministries (servers, cantors, choirs, etc)

- They've been off for almost a year, they'll need a refresher
- How can we inject solid formation?

4. Help parishioners have more fruitful hours in the Eucharistic Adoration Chapel
 - We could distribute the Magnificat Adoration Companion.
 - A custom guide to Adoration could be compiled.

5. Eucharistically Themed Theologically Thirsty Thursday
 - If/when TTT relaunches, have talks on the Eucharist or the Mass.